

# THE DIRTY DOZEN

Based on the results of nearly 43,000 different tests for pesticide residue, the Environmental Working Group has ranked the best and worst in fruit and vegetables.

Choose organic especially for items listed below:

<b>HIGHEST</b> PESTICIDE RESIDUE	<b>LOWEST</b> PESTICIDE RESIDUE
Apples	Onions
Peaches	Avocadoes
Celery	Mangoes
Capsicum	Sweet Corn
Nectarines	Peas
Strawberries	Pineapples
Berries	Asparagus
Lettuce	Kiwi fruit
Grapes	Bananas
Pears	Cabbage
Spinach	Broccoli
Potatoes	Eggplant